

February 2014

Colonial Hills Courier

A publication of the Colonial Hills Civic Association

Box 676, Worthington OH 43085

www.colonialhills.us Like us on Facebook [Group: Colonial Hills]

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President's Message

I'd like to take this opportunity to thank **Doug Matthies** as he steps aside as CHCA's faithful sign maker. For a decade, Doug has generously created and placed all those colorful signs that you see as you enter the neighborhood announcing upcoming meetings, parties, elections and more. He also makes winners' Decorating Contest signs and last year created our first ever membership drive thermometer. Doug has offered to continue for a couple months to teach someone the ropes. It would be a great gift to all of us if someone stepped forward to take over this job. Call Julie at 785-7064 or email jcarrrsmyth@gmail.com to volunteer. **Colonial Hills thanks you, Doug!**



Block Watch needs you!

Colonial Hills Block Watch is looking for new members.

As a block watch member, your duties include: receiving weekly emails and occasional alerts from the police about crimes in our area, reporting suspicious and criminal activity to police, keeping an eye out on residences when neighbors are away, and preventing crime by practicing safety and security measures at your own home.

The more folk we have actively keeping their eyes peeled, the better chance we have of being able to get information to the police in time for them to show up and make arrests. We currently have 170 members at 145 unique addresses.

It is important to remember that it isn't our job to confront the criminals. Police emphasize that they prefer to be called, even if it turns out to be nothing. That's their job and with our help, they can help keep the area safer.

Contact David Nadolny, dnadolny@columbus.rr.com, with your name, address and phone to join Block Watch.

UPCOMING EVENTS

FEBRUARY 11, MARCH 11, APRIL 8
CHCA Meetings, 7:30 p.m.

FEBRUARY 21
Neighborhood Game Night
(details p. 6)

MARCH 21
Neighborhood Game Night
(details p. 6)

APRIL 5
Easter Egg Stuffing

APRIL 12
Easter Egg Hunt (rain date 4/19)

APRIL 15
CHCA Scholarship deadline
(details p. 2)

*All activities take place at Selby Park Shelterhouse. ALL are welcome!

The Courier is published by the Colonial Hills Civic Association and distributed to approximately 710 homes, 1800 residents. Current advertising rates are \$150/year or \$25/month for a business card. For more advertising information or contributions, please contact Julie Smyth (614/785-7064, or email at jcarrrsmyth@gmail.com).

Residents are encouraged to contribute articles for publication.



Worthington-born artist
ADAM KIGER
will be
showing his
work in NYC's
Agora Gallery
in 2014

(see p.5)



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elizathrush@gmail.com

Not a member of CHCA? You can join for \$15/family or \$5/single or senior. Mail checks made payable to "CHCA" to PO Box 676, Worthington 43085, or pay online at www.colonialhills.us.

BABYSITTERS – Page 6

COLONIAL HILLS SCHOLARSHIPS AVAILABLE

APPLICATIONS DUE: Tuesday, April 15, 2014

The Colonial Hills Civic Association presents at least one scholarship each year, budget permitting, to a high school senior who lives within the neighborhood. Multiple scholarships may be awarded based on candidate qualifications and available funds.

Requirements include documentation of 10 hours of community service within Colonial Hills and attending at least one CHCA meeting. These meetings are held at the Selby Park Shelterhouse at 7:30 p.m. on the second Tuesday of every month.

Volunteer opportunities are many, including assisting at CHCA annual events, park clean-up, self-generated volunteer ideas and more.

Applications are available at the Colonial Hills website, www.colonialhills.us. For more information, contact a member of the CHCA Board.



Keeping Thieves at Bay

There's been some concern about the recent rash of cars being rifled through for valuables. First, let me say that while we do have these periodic car riflings, on the whole, our neighborhood has a MUCH lower level of crime than most. In addition, almost all of them are reported as the cars being unlocked. The police do a great job doing routine, but random patrols of the neighborhood and while it isn't always advertised, they catch some of these criminals. You can view crime statistics at <https://www.crimereports.com/>

This is a crime that is eminently preventable. Everyone needs to lock their cars every time, leave nothing of value in the cars, and lastly, report anything they see or hear that is suspicious.

These scum can get 50 cents each from ten cars and afford a ball of tar heroin. Don't feed their addiction. I know there are some folk who don't lock their cars as they don't want their windows broken. I disagree with them but respect their opinion. Please leave nothing of remote value in those cars! And I know people occasionally forget, we are all human, but it seems like some thief checks nightly, so be as vigilant as humanly possible.

It's a lot like leaving the trash cans out without the lids fastened, the raccoons are going to make a mess. If we don't present an easy target, they will move on to greener pastures.

**David Nadolny,
Block Watch Chair**

CITY CONTACTS

**Police Non-emergency:
885-4463**

**Service Dept for long grass:
431-2425**

**Building Dept
for structural issues:
431-2424**

**City of Worthington:
<http://www.worthington.org/>**

**Additional Block Watch
captains are being recruited for:**

**254-318 Kenbrook Dr
416-587 Kenbrook Dr
143-215 Lake Ridge Rd
254-334 Selby Blvd
273-395 Selby Blvd
5584-5595 Greenwich St
Riverglen/Southington/Bromley**

As a captain, you are the contact point if people on your street have questions. Captains recruit more members and help with organization (nothing tough or time consuming). We might distribute flyers door to door (to hit the non email folk and people not on the watch). Lastly, if the police had concerns about a specific street/area, the captain of that area would be the point of contact.

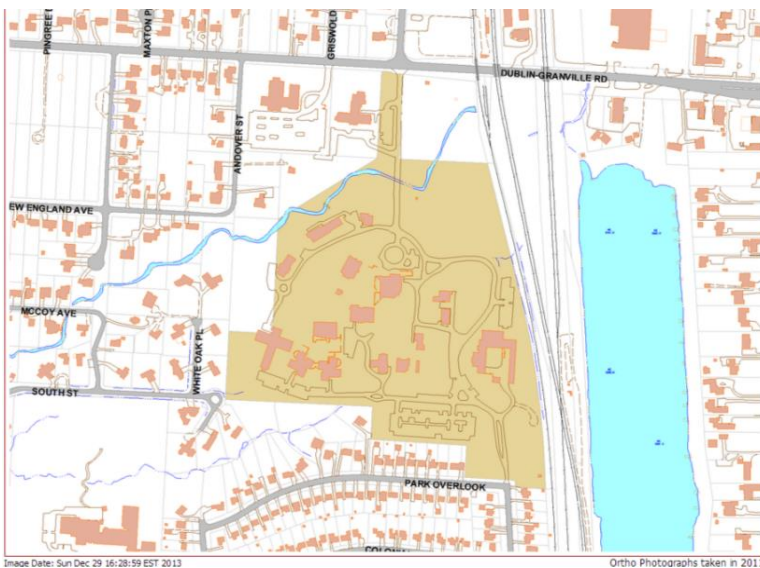
If you're interested, David Nadolny can provide an application, which includes a background check, to be filled out and sent to the Police Dept.

What to expect at OSU's Harding Campus neighboring Colonial Hills

By Rachael Dorothy

Step by Step Academy (SBSA) has been a part of Worthington since 2002, is a private, non-profit treatment and educational center specializing in autism spectrum disorder (ASD), and is one of the largest employers in Worthington. They started by serving 7 patients in 2003 and now serve 104 patients with 190 staff. In 2014 they are looking to finalize a contract with OSU to buy the Harding Hospital Campus (see map) and continue to expand their services. They are looking to open in late 2014, the residential Elijah Glenn Center. Learn more by visiting their website at www.elijahglencenter.org, <http://www.stepbystepacademy.org/> or <https://www.facebook.com/elijahglencenter> and reading below.

Some of The Center's Executive Directors, Marla Root and John Soloman, have been holding outreach meetings with the community and wanted a brief introduction of the new services they will be providing through the Colonial Hills Courier as well. No major changes are expected at this time on the campus, including keeping the Food Pantry and Center for Balanced Living on the Campus, and SBSA are open to continuing to speak with community members about any concerns regarding new operations. Marla Root especially has a passion for the new center as her own son has needed the type of services the Elijah Glen Center will offer.



The Elijah Glen Center's mission is to serve up to 14 adolescents with an autism spectrum disorder and intellectual or developmental disability who do not warrant intensive psychiatric or acute care but who need a less restrictive short term inpatient or step down care program to stabilize and to reunify back into their family's life.

As demonstrated through research, it is The Center's belief and commitment to utilize evidenced-based interventions which are proven to result in better treatment outcomes to serve adolescents with autism and/or intellectual

disability at times of crisis. Both medication and behavior modification treatments will be used, following principles of applied behavioral analysis (ABA). Currently, Step by Step Academy tracks their patient's therapy and resultant behaviors to have their own research on hand to determine the best course of action and will continue to do so with the expanded residential program at The Elijah Glenn Center.

The Elijah Glen Center will offer two unique programs to help support adolescents at time of crisis:

1. The Stabilization Treatment Residential Program will serve up to 7 children 12-18 years old in a safe environment to stabilize the individual in a residential placement to ready them for more intensive behavioral intervention, including a Highly Structured Environment, Intensive Psychiatrist Services, Crisis intervention services, and Intensive family counseling and supports.

2. The Intensive Treatment Unit will serve up to 9 children 12-19 year old stabilized adolescents, in need of behaviorally focused residential treatment. Level of support will be determined and provided in the format of a staff to client ratio of 1:1 or 1:2, Intensive behavioral assessments and treatment sessions, Skill building intervention sessions, Group Interventions and leisure activities, Increased demands, transitions and group activities, Constant assessment to allow for fading of intensive level of supports.

“After our son with autism became unstable and was displaying challenging behavior, we could no longer care for him in our home. We searched for a place for our son to go to stabilize. We struggled to find a place in Ohio that had a program specifically geared to providing care and treatment for adolescents with autism. Now that Eli is stable, we are ready to fill this gap and open The Elijah Glen Center.” Bob & Marla Root

Families with a loved one with an autism spectrum disorder (ASD) can have great stress and anxiety during a time of challenging behavioral crisis. Families struggle as they figure out how to keep their loved one with ASD safe, while ensuring the safety of other family members. During challenging times, when a family becomes concerned for the health and safety of their family member with ASD and others, they are told to seek help from the police or hospital emergency rooms. Unfortunately, most families struggle to truly get help.

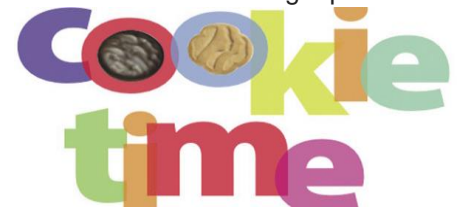
Many families end up at a hospital emergency room during extreme behavioral crisis. But what families find only frustrates them more. Many families are turned away from emergency departments because staff is not trained to handle an individual with ASD and they are unaware where to refer them to.

The Staff at SBSA and the new Elijah Glenn Center want to assure that others families have the hope that the services their loved one needs at time crisis are accessible for them if ever needed, here in Worthington, OH.

The Elijah Glenn Center is still in need to complete furnishing of the new Center and is open to donations to their non-profit center. <http://www.elijahglencenter.org/donate/>

SIP OF WINE WITH THOSE THIN MINTS?

Here's a chance to have some fun while supporting the many Girl Scouts in our neighborhood. **House Wine** plans to hold a tasting of drinks paired with Girl Scout cookies from **6 p.m. to 8 p.m. on Friday, March 7.** The leaders of several troops based at Colonial Hills Elementary or Kilbourne Middle School will have boxes of cookies on hand to sell that night for \$4 each. Neighbors who already have purchased cookies could consider making a donation of \$4 for the troops to donate a box to charities, including the Worthington Food Pantry or Operation Salute. The troops will share the profits from those boxes of Thin Mints and Samoas to help pay for camping trips and projects to learn about leadership, science, the arts and all sorts of other interesting topics.



Art of Worthington's Kiger on display in Chelsea

Headed to New York City? Consider stopping in at the Agora Gallery in Chelsea (www.agora-gallery.com) now representing Worthington-born artist Adam Kiger. The gallery has this to say about his work:

“At first glance, the haunting and mysterious paintings of Adam Kiger seem to have dark, almost Gothic overtones. A closer look, however, reveals the emotional underpinnings of these works, which are about the journey of the human spirit in the search for truth. Like the photographs of Ruth Thorne-Thomsen, Kiger's work contains a hint of surrealism; but he prefers to classify his work as a mixture of neo-dada and pop art because it invokes an emotional reaction in the viewer. By contrasting the familiar with the incoherent and redefining ideas of beauty and aesthetics, Kiger references both hope and denial.”

Sitters – Baby, Pet, and House

+ Julia Orloff, 885-4963, baby sitter


Rosemary Harris, 436-6294, newborns 8 wks-24 mos

+ Perri MacKenzie, 846-2415, baby sitter

Jesse Lilly, 352-4515, baby sitter

+ Caroline Smyth, 785-7064, house or pet sitter

+ Haley Carnahan, 436-6798, baby sitter

 Ruby Clark, 296-4315, baby sitter

+ Freddy Woodrum, 431-0206, baby sitter/can watch ages 3 and up

+ Emma Webster, 880-9655, baby sitter

+ Mara Miller, 623-0104, baby sitter

+ Audrey MacKenzie, 824-9486, baby sitter

+ Ali Diehl, 633-8059, baby sitter

Kelli Hill, 436-4627, pet sitter

+ Angela Schirtzinger, 312-9882, age 18, baby sitter

Matthew Harrison, 888-6360, pet and house sitter, will also mow lawns

+ = Red Cross certified  = Safesitter certified

This list also appears on the CHCA website, www.colonialhills.us. To be added or removed, please contact Julie Smyth, jcarrrsmyth@gmail.com, 614-785-7064.

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Family Game Nights

Upcoming game nights at Selby Shelterhouse are scheduled for Feb. 21 and March 21. The event features family game time 6-8 p.m., and adult kid-free games 8-10 p.m. Contact Doug Knight, 390-6634, dougknight314@gmail.com, for more info.




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